

LADAKH HEART FOUNDATION

Newsletter August 2018-2019

This year

MEDICAL CAMP 2019

WORLD ENVIRONMENT DAY 2019

HEATING SYSTEM INSTALLED AT LHF

CHILDREN PARK SET UP AT LHF

PLASTIC MENACE





FREE MEDICAL CAMP 2019

Free Medical Camp was successfully conducted in July 2019 at Ladakh Heart Foundation in which more than 700 patients were examined by the specialist doctors.

Medicines, Sunglasses and Meals were provided free of cost to each and every patients by the KOREAN BUDDHIST JUNG TOH DHARMA TEAM.

The Korean Buddhist Team has donated a Blood Analyzer, an incubator for our lab and also donated 2500\$ for the medicines









consumed during the camp and

1000\$ to the hospital.

We are highly indebted and thankful to all the ladakhi doctors and Korean team for their voluntary services and generous donations

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CHILDREN PARK SPONSORED BY ASSOCIAZIONE BECHILDREN TORINO ITALY

The Children Park was sponsored by Associazone Bechildren Torino Italy. We would like express our deepest thanks for their generous donation and support. It is their dedication and commitment that we have been able to set up this children park at our hospital, it would keep the children away from various infections as ill parents often come to hospital along with their kids.





WORLD ENVIRONMENT DAY 2019

Ladakh Heart Foundation has organized World Environment Day 2019 in collaboration with Ladakh Ecological Development Group(LEDeG), All Ladakh Tour Operator Association(ALTOA), and Ladakh Taxi Operators Cooperative Limited to deepen public awareness of the need to preserve the environment.





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INSTALLMENT OF HEATING SYSTEM AT LHF

During winter in Ladakh the temperature goes down to minus 15 – minus 30 and the patients had to wait in a queue for a long period of time in such freezing temperature therefore we have installed heating system at LHF hospital so that patients could visit and undergo health checkup comfortably, We are extremely thankful to SHEILA KAR HEALTH FOUNDATION of USA for sponsoring the heating system and your constant support .







AWARENESS CAMPAIGN ON PLASTIC MENACE

Ladakh Heart Foundation has screened a short documentary film titled Foe in Phayul in order to show the effects of plastic pollution in Leh. Plastic waste production increases with an increasing tourism figures. Apart from tourism, the food consumption pattern of locals have also been changed and consuming packaged food adding more plastic. We work with the government to implement sustainable waste management and also have been raising awareness to minimize the waste production.





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ENDOSCOPY

During the period under coverage 1201 patients have availed endoscopy failities. We are thankful to Dr. Tsering Norbu, physician and Dr, Ghulam Mohd, MBBS, MD Senior consultant, SNMH Hospital Leh who have carried out the endoscopy of patients. Endoscopy machine was generously donated by H.H Dalai Lama Trust which is used for the treatments of patients.

LABORATORY

The Ladakh Heart Foundation offers many services such as Hepatitis B, Blood Grouping, Urine Analysis, Haemoglobin Level, etc. During the period under coverage, number of patients that have undergone laboratory tests are as under

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S,NO	MONTH	PATIENTS
(A)	August	40
(B)	September	19
(C)	October	20
(D)	November	43
(E)	December	16
(F)	January	44
(G)	February	3
(H)	March	19
(1)	April	41
(J)	May	64
(K)	June	53
(L)	July	26
	Total	388



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PATIENTS TREATED DURING THE YEAR

S,NO	MONTH	MALE	FEMA	ALE
(A)	September 2018	-	24	45
(B)	October	-	13	37
(C)	November	-	6	69
(D)	December	-	11	6
(E)	January 2019	-	14	19
(F)	February	-	}	32
(G)	March	-	8	36
(H)	April	-	18	30
(1)	May	-	23	35
(J)	June	-	16	64
(K)	July	-	29	97
(L)	August	-	15	52
			Total 19	12



AUDIT OF ACCOUNTS

FCRA Accounts of the hospital for the financial year 2018-2019 have got audited from Chartered Accountant. Summary of the audit report is appended below

LIABILITIES	AMOUNT	ASSETS	AMOUNT
Corps Fund Opening balance	1,56,60,448	Fixed Assets Schedule B	1,39,75,017
Surplus carried from Income and Expenditure	<u>1,72,006</u>	Current Assets, Loans and Advance Cash in hand 43	33
	1,58,32,454	State Bank of India A/c No 10942146401 12,95,631 Receivable from	12,96,064 5,61,373
Total	1,58,32,454	Local Account	1,58,32,454

INCOME AND EXPENDITURE ACCOUNT

EXPENDITURE	AMOUNT	INCOME	AMOUNT
See schedule A	9,14,457	Donation	20,92,826
Depreciation	10,06,363		
Surplus carried to Balance Sheet	1,72,006		
Total	20,92,826		20,92,826

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RECEIPT AND PAYMENT

RECEIPTS	AMOUNT	PAYMENT	,	AMOUNT
Opening Balanc	е	See Schedule A	4	9,14,457
Cash in hand Cash in Bank	433 10,37,7,003	Non-Recurring See Schedule E	•	4,19,308
10,36,570	10,07,7,000	Transfer to Loca	al	5,00,000
CLOSING BALANCE				
Foreign Contributions	20,92,826	Cash in hand	433	
		Cash in Bank	12,95,631	12.96,064
	31,29,829			31,29,829

FOREIGN ACCOUNT

Schedule A

S NO	PARTICULARS	AMOUNT
(A)	Salary	7,36,500
(B)	Bank Charges	3,801
(C)	Repair and Maintenance	76,723
(D)	R and M of vehicle	51,633
(E)	Audit Free/ professional charges	28,800
(F)	KCB Submersible	17,000
	TOTAL	9,14,457

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STAFF QUARTER

The construction of staff quarter is progressing steadily. We have almost completed the construction of third floor and we hope to finish it very soon. We are very thankful to all our donors, friends and supporters for your generous contribution and support.





MOBILE AWARENESS PROGRAMS

Ladakh Heart Foundation provides awareness campaigns on Health and Environment in different regions of Ladakh via a mobile LED set.

Thank you SHEILA KAR HEALTH
FOUNDATION of USA for donating
the complete mobile LED set to
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We are very thankful to all the donors for their kind contribution. We will make sure that with hard work & contribution, our and your efforts will never go in vain. Thank you for your kind thoughts, support and warm wishes for the success of this organization.

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