

L A D A K H H E A R T F O U N D A T I O N

the

Newsletter



August 2011 to 2012 August

Award

Ladakh Heart Foundation Grant of state Awards on the Republic Day 2012 Government of Jammu and Kashmir Society, Leh has been selected for Award for Social Reforms and Empowerment cash medal and citation



Anesthesia Machine Donation by Sh Norboo Gyaltsan

Sh Nobu Gyaltsan member of Legislatire Council Jammu & Kashmis India ,has very kindly sanction Rs..7,10,000/- to Ladakh Heart Foundation From his Constituency Development fund 2012 to 2013 for the purchase of Boyle's Apparatus with complete Anesthesia Machine. Now we are ready to open the Operation Therater to Operated Basic surgery and ciser mean time we will avabile for other surgeory

The entire Donner

Ven. Sik.Mun Cheng has very kindly donated funds for Rubber Flooring for first floor of Hospital

Kuan Yuen Kit from Singapore has very kindly donated 62.6KV Generator and other equipment

Mr Dr.Vandana Mehta and R S Bnjan and member DC kondan of SWAYAMSIDDH

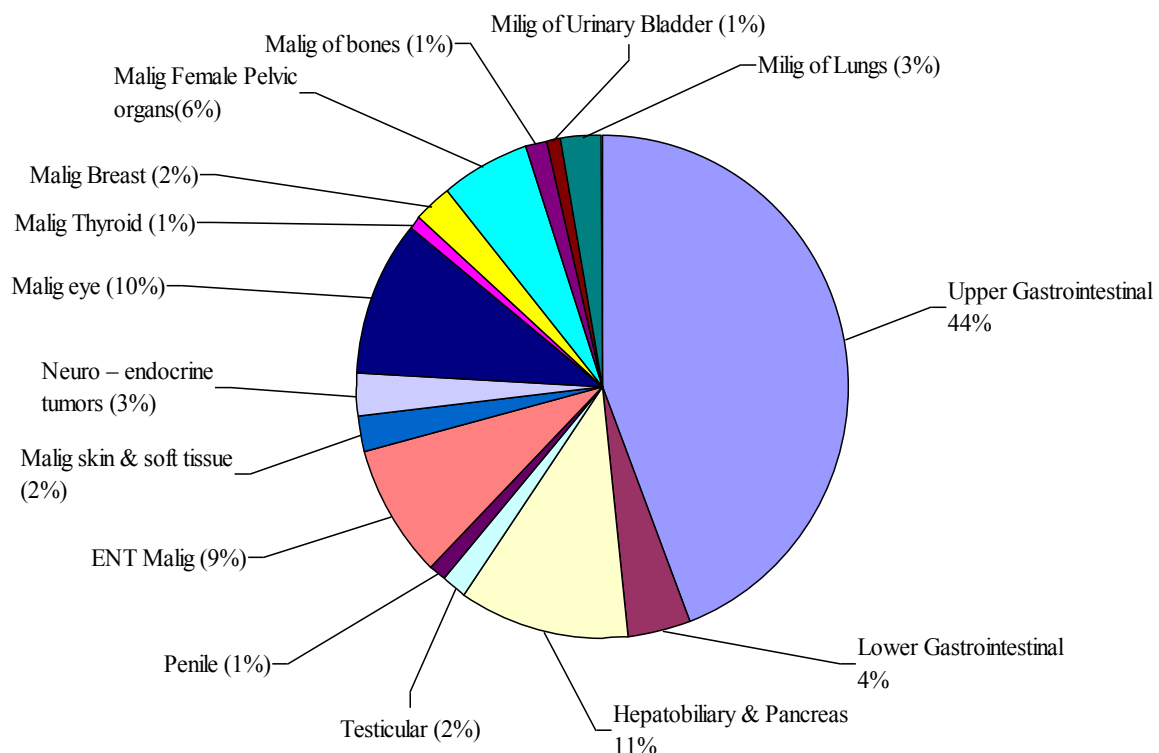


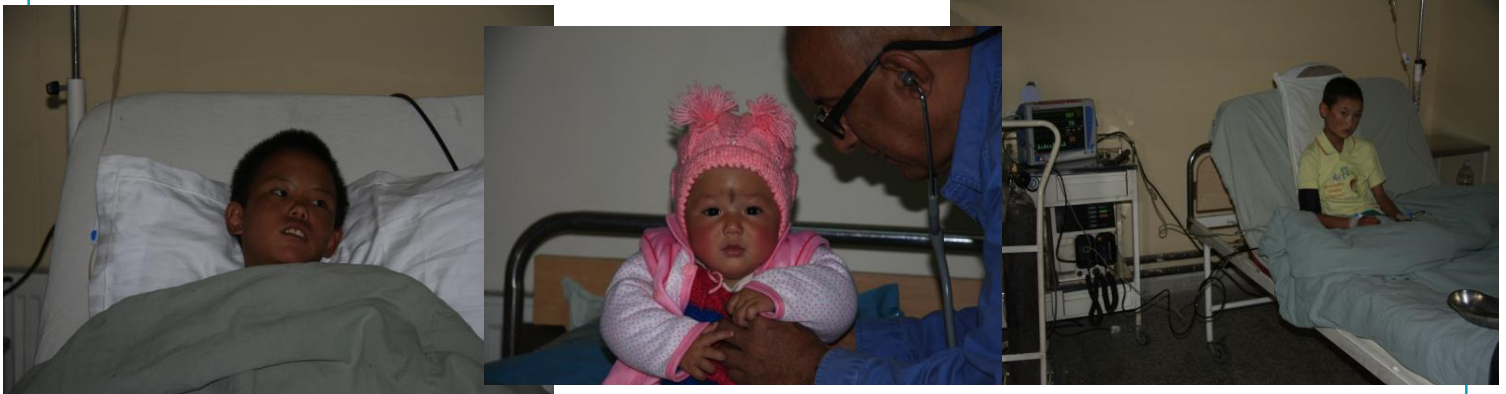
Latest outreach clinical services Free

Date	Place	No. of Subjects studied Urban/Rural
11 to 18 th of August 2011	Zanskar	248
15 to 16 th of October 2011	Leh	77
18 to 20 th of May 2012	Leh	74
15 to 20 th of July 2012	Leh	50
22 to 24 th of August 2012	Shey	44
9 th of September, 2012	Shey	28
12 to 16 th of September 2012	Zanskar	175
22 nd of September 2012	Shey	11
Total patient treated during 2011 to 2012		707

Cancer in Ladakhi and Tibetan

Cancer of the stomach is leading cause of death in Ladakhi and Tibetan population. Combined with cancer of esophagus, pancreas, liver, gall bladder and bile duct, it forms 61 % of the cancer burden in Ladakh.





Free Heart surgery this year has been another very busy year

The past year has been another very busy one for the Ladakh Heart Foundation (LHF). We have been continuing and extending our activities over Ladakh, trying to prevent and cure all forms of heart disease, while also concerning ourselves with the general health of the local population, which explain the creation, this year, and Dr Somph Kumar cardiovascular surgeon from Delhi SSM Hospital whose expenses are paid by the Ladakh Heart Foundation. Over the course of a few days, difficult diagnoses can be made, surgical need can be assessed, and surgical follow-up can be ensured- hundreds of patients are seen, removing the need of a costly journey to Delhi for many of them, which explains our interest for those clinics. Regarding those patients who still have to travel to Delhi, they have to pay only for

supplies used in the operation, particularly the cost of the valve, while the services of the doctors and nurses and the hospital bed are free. S.karma Tenzin 9 year from Henlay comes from Nomadic family presently residing at Hanlay SOS residential school for the nomadic kids. Which is 200km away from Leh. He is back to normal after the heart surgery and playing with other kids Jigmet Stanzin 12 year from Largyab Nubra which is 200km by road then 4 hours by foot

He has been diagnosed and done surgery during the camp in Leh

Farida Batol 21 year from Sangkoo Kargil came to Leh for treatment as she was suffering from heart problem. Here in Leh she was treated and surgery being done in Leh. Her family economic condition was very poor and miserable



Free Monitoring of growth and development of children's in Ladakh in LHF Hospital and reach center Angling Dambuchen

Free Plastic Surgery in LHF Hospital

Interplast Germany e.v and LHF has Plastic Surgery doing 19-09-2012 to 26-09-2012. Total No Patient's 13. We have all patient's came from Village area. Some of patient's they travel from 200km.



Asgar Ali 5yrs/M

After 8month from his birth he burnt his hand by kerosene stoe . He also got treatment from Leh and completely become normal and now back to his hometown kargil, which is 230km from leh . Now he can write and work.



Sonam Norbu 14month /M

Village Alchi Due to cold and harsh climatic condition ladakhis force to use wood open fire which cause to burn his hand . in the rural areas we do not have enough electricity to keep the long winter .He also got surgery this summer



Thubstan Tsewang 8yrs/M

When the patient was 2year old .there was a cooking gas leak in this house which caught fire,and cauall the family members including ,father, mom and son . all of them got tretment as father and mom was least affected and son was burn more got surgery





Chuskit Dolma 11/F
 She burns her face when she was a baby. Now she stays with her Father, He is cook in JNV School; Two-time Plastic Surgery on her
Oiza Miya 19/ M he is from Bihar working as labour with a stone machine ,where the fan cought his face and now his face is back to normal after surgery



Hatija Banoo 8/f.she is from Kargil. She stick her two fingers . After surgery she is fine
Uma 23/f ,she is from Nepal.now she stay in saboo village. She is doing a construction work.before 1 year ,she burn leg because of stove blast. Now normal

DATA ON CASE OF HEPATITIS B SCREENING SHOW AS BELOW

Sept 2011	Total case-7	Negative-5	Positive-2
Oct 2011	Total case-11	Negative-11	nil
Nov 2011	Total case-13	Negative-13	Nil
Dec 2011	Total case-13	Negative-13	Nil
Jan2012	Total case-7	Negative-7	Nil
Feb 2012	Total case-14	Negative-14	Nil
Mar 2012	Total case-12	Negative-12	Nil
April 2012	Total case-14	Negative-14	Nil
May 2012	Total case-21	Negative-21	Nil
Jun2012	Total case-16	Negative-15	Positive-1
July2012	Total case-11	Negative-9	Positive-2
Aug-2012			

PATIENT TREATED DURING THE YEAR 2011- 2012

S.no	Month	No.of male	No.of female	No.of Child	
1	Sept.2011	03	296	06	Total
2	Oct2011	11	319	05	299
3	Nov2011	02	328	02	330
4	Dec2011	Nil	357	02	330
5	Jan2012	Nil	250	01	357
6	Feb2012	Nil	337	03	250
7	Mar2012	01	373	01	337
8	Apr2012	03	369	Nil	374
9	May2012	04	512	03	372
10	June2012	05	328	03	516
11	July2012	07	240	06	336
12	Aug2012				252

The Total number of Patients show that , There was a tremendous increase as compare to last year, mainly due to the great support by female population consulting our Gynecologist,Dr. Lhadol.

S.no	Month	No.pf Patient
1	Sep 2011	40
2	Oct2011	27
3	Nov2011	40
4	Dec2011	40
5	Jan20112	23
6	Feb2012	38
7	Mar2012	29
8	Apr2012	41
9	May2012	65
10	June2012	47
11	July2012	42
12	Aug2012	

LABORATORY:

The Laboratory is also offering services such as Hamoglobin level, Blood Group, Glucose level ,Urine Analysis, Hepatitis B Screening and Serum Bilirubin etc.
ANNUAL REPORT ON PATIENTS DATA(Sept.2011 to Aug 2012)

One more Award

Jammu, Nov 6. 2012 the occasions like Eid, Diwali, Gurupurab Milan”cement brotherhood, communal harmony and integration and we should optimally utilize these events for creating a harmonious society. This was stated by union minister for Health Ghulam Nabi Azad, while addressing the illustrious gathering on the occasion of Eid, Diwali,

Gurupurab Milan” organized by Jammu lawyers on Tuesday at Hari Niwas Palace. On the occasion, Azad also honoured social activists, political leaders and prominent citizens for their exceptional contribution towards the society and organized



Thanks to all donars for your kind contribution

Please if you like to see more photo go to Ladakh Heart Foundation facebook .

Would you like to come and join us ? You are most welcome. Thank you for your kind thoughts, wishes and gifts. May your work go on smoothly and we hope you will visit Ladakh very soon.

Lama Chogyal President & Founder

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