



## Newsletter 2008 to 2009

On 14<sup>th</sup> August 2009, H. H. The Dalai Lama was requested to visit our hospital for the inauguration of our hospital. A detailed report of activities and expenditures was presented by the President of LHF. His Holiness appreciated our activities and advised us to keep up the tempo to render compassionate services to our patients. We the members of LHF and many other experienced doctors from the Government Hospital gathered to receive the blessing and sermon of His Holiness. His Holiness especially discussed diseases related to high altitude as well as rheumatic heart diseases with senior doctors. His Holiness was informed by the physician specialist that rheumatic heart disease has almost been eradicated due to timely prophylactic measures. A society of sixteen friends and women's group of Spituk village put in great effort while making preparations for HH The Dalai Lama's visit to this Hospital.



Children welcome to His Holiness The Dalai Lama to LHF hospital



*We have been carrying out outdoor clinic, day care facilities and diagnostic procedures for the last two years. The number of patients visiting our Hospital is increasingly reflecting the confidence of our population in the services rendered by us.*

**Below are the patient we treated since September 2008 to 2009**

Month	No. of children's treated	No. of patient treated		Total no. of patient	Follow up patient
		M	F		
September 2008	24	31	161	192	291
October 2008	17	20	226	264	373
November 2008	7	17	201	218	347
December 2008	13	21	241	261	370
January 2009	9	21	69	90	130
February 2009	10	17	86	103	156
March 2009	25	33	99	132	179
April 2009	15	43	142	185	309
May 2009	17	26	149	175	219
June 2009	19	28	157	185	307
July 2009	10	28	138	166	309

**Link road to the Hospital has now been paved by the State Government**



**INTERNATIONAL NEWS**

The children ward is now fully furnished with appropriate beds and pleasant environment for the children. We record our appreciation and profound thanks to the Children's Hope foundation for their contribution.



*Ms Kuan Yuen Kit and Mr. Leo , Ven Sik Mun Cheng and our Singapore friends continues to sponsor the salary of our doctor besides contributing for equipment.*



*We sincerely appreciate their support. Mr. Eric and Ms. Vivica from USA very generously contributed financial support for the operation theatre equipment which will help us make our operation theatre functional.*

delegation arrangements, 501 plans. And thanks to all the members.

Thanks to Gigi and Lila for your continuous help to our hospital and all the Italian supporter.

Ven. Jung Woo, Nuns and people of South Korea we are very appreciating to your help.

### CAMPAIGN

Study of Neuro-cardio-vascular Epidemiology in Ladakh 2008 to 2009		
Date	Subject Title/Activity Name of villages	No. of Subjects studied Urban/Rural
24/8/08	Fanjila (Wanla)	43 subjects
25/8/08	Wanla	20 subjects
29/9/08	Shang	9 subjects
6/10/08	Charasa (Nubra)	72 subjects
7/10/08	Panamic (Nubra)	41 subjects
8/10/08	Sumoor, Tigar, Burma (Nubra)	31 subjects
<b>Nubra</b>	<b>2008</b>	<b>Total 216</b>
27to29/3/09	SOS(TCV) Hospital	170 subjects
<b>TCV school</b>	<b>2009</b>	<b>Total 170</b>
25 to 27/04/09	Domkhar	38 subjects
<b>Domkhar</b>	<b>2009</b>	<b>Total 38</b>
17 to 28/07/2009	Domkhar Dho, Domkhar Barma, and Domkhar Gongma	306 subjects
<b>Domkhar</b>	<b>2009</b>	<b>Total 306 subjects</b>
<b>Ladakh scout regiment</b>	<b>2009</b>	<b>Total 51</b>
12 to 13/09/09	Primary health centre Hemya Medical camp	120 patients examined and treated
14 to 15/09/09	Medical Aid Centre, Domkhar Dho , Gongma, Barma	115 patients examined and treated. 2months Anti-diabetic medicine issued free of cost to 8 diabetics

### YEARLY AUDIT REPORT OF LADAKH HEART FOUNDATION HOSPITAL& RESEARCH CENTRE 31.03.2009

LADAKH HEART FOUNDATION, LEH			
RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDING AS ON 31.03.2009			
RECEIPT	AMOUNT	PAYMENT	AMOUNT
<b>OPENING BALANCE OF</b>		<b>RECURRING EXPENDITURE</b>	
CASH IN HAND	2,264.00	BANK CHARGES	1,576.00
STATE BANK OF INDIA, LEH	255,638.63	MAINTANCE OF AMBULANCE	6,170.00
J & K CO-OP BANK LEH	5,788.00	TELEPHONE EXPENSES	8,033.00
FOREIGN CONTRIBUTION	61,250.81	AUDIT FEE FOR 2006-07 & 08	12,000.00
		SALARY	339,000.00
INTEREST ON SAVINCE A/C	204.00	DEAD STOCK	48,500.00
		MISC EXPENSES	11,174.00
		LAB EXPENSES	12,301.00
		T.A/D.A	25,000.00
		POSTAGE	50.00
		CONSTRUCTION	94,175.00
		CONSTRUCTION OF HEALTH CENTRE	300,000.00
		<b>CLOSING BALANCE</b>	
		STATE BANK OF INDIA	11,104.44
		J & K CO-OP BANK, LEH	5,992.00
		CASH IN HAND	1,340.00
	<b>876,415.44</b>		<b>876,415.44</b>



<b>LADAKH HEART FOUNDATION, LEH</b>			
<b>INCOME &amp; EXPENDITURE ACCOUNT FOR THE YEAR ENDING AS ON 31.03.2009</b>			
<b>EXPENDITURE</b>	<b>AMOUNT</b>	<b>INCOME</b>	<b>AMOUNT</b>
BANK CHARGES	1,576.00	FOREIGN CONTRIBUTION	612,520.81
MAINTANCE OF AMBULANCE	6,070.00	INTT ON SAVING A/C	204.00
TELEPHONE EXPENSES	8,033.00		
AUDIT FEE FOR 2006-07 & 08	12,000.00		
SALARY	339,000.00		
DEAD STOCK	48,500.00		
MISC EXPENSES	11,174.00		
LAB EXPENSES	12,301.00		
T.A/D.A	25,000.00		
POSTAGE	50.00		
EXCESS INCOME OVER EXPENDITURE	149,020.81		
	<b>612,724.81</b>		<b>612,724.81</b>

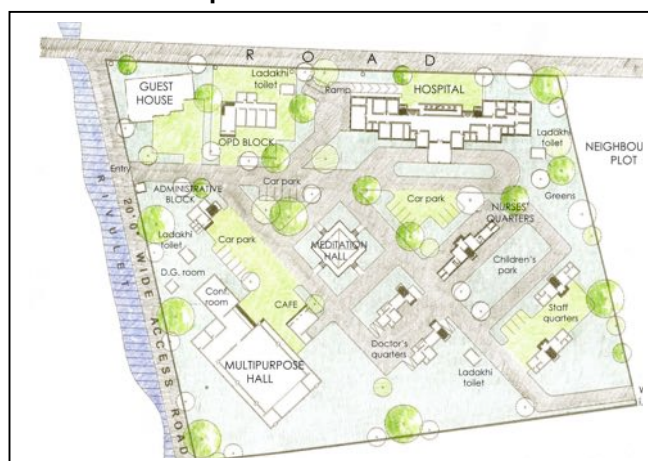
<b>LADAKH HEART FOUNDATION, LEH</b>			
<b>BALANCE SHEET AS ON 31.03.2009</b>			
<b>LIABILITIES</b>	<b>AMOUNT</b>	<b>ASSETS</b>	<b>AMOUNT</b>
<b>CAPITAL FUNDS A/C</b>		<b>FIXED ASSETS</b>	
BAL. AS ON 01.04.2008	9,850,854.63	BUILDING [U/CONST]	
EXCESS OF INCOME OVER EXPENDITURE	149,020.81	(AS ON 01.04.2008)	9,450,704.00
	<b>9,999,875.44</b>	ADDITION DURING YEAR	94,175.00
			<b>9,544,879.00</b>
<b>CURRIENT LIABILITIES</b>		CONSTRUCTION OF HEALTH CENTRE	
LADAKH ENTERPRISES		ADDITION DURING THE YEAR	200,000.00
			300,000.00
		<b>CURRENT ASSETS</b>	
		S.B.I (FCR)	
		J & K CO-OP BANK	11,104.44
		CASH IN HAND	5,992.00
			1,340.00
	<b>10,063,315.44</b>		<b>10,063,315.44</b>

If you want to sponsor any single materials for our hospital, here are the urgently needed items with listed cost for equipment.

**I.C.U.**

<b>EQUIPMENTS</b>	<b>COST</b>
ICU beds with Mattress and Bedding	\$ 367
Bed side locker	\$ 107
Over bed table	\$ 60
I/V Stand	\$ 34
Revolving stool	\$ 15
Wash basin with stand	\$ 40
Bed side screen	\$ 37
Suction apparatus (ISI)	\$ 152
Cardiac Monitor Multi Five	\$ 1667
Channel (Technomedix)	
Pulse Oximeter	\$ 500
Oxygen cylinder	\$ 112
Oxygen concentrator	\$ 1156
Emergency trolley	\$ 1223
Wheel chair	\$ 100
ECG(BPL)	\$ 445
Electrolyte Analyzer	\$ 10,000
Needle Destroyer (Electric)	\$ 27

**Sustainable plan of Ladakh Heart foundation**



### SURGICAL WARD

S.NO.	EQUIPMENTS	COST
1	Semi fowler deluxe bed	\$ 267
2	Bed side locker	\$ 107
3	Over bed table	\$ 59
4	Stool revolving	\$ 15
5	I/v stand	\$ 34
6	Suction apparatus (ISI)	\$ 152
7	Oxygen Cylinder 'B' type	\$ 112
8	Oxygen Concentrator	\$ 1156
9	Emergency Drugs and equipment	\$ 589
10	Dressing Trolley	\$ 35
11	Bed side screen	\$ 37
12	B.P apparatus with stand	\$ 25
13	Stethoscope	\$ 3
14	Needle Destroyer(Electric)	\$ 27

### OPERATION THEATRE REQUIREMENT

S.NO.	EQUIPMENTS	COST
1	Operation Table ( <b>Hemlex</b> )	\$ 4,445
2	Fix Ceiling operating light ( <b>Hemlex</b> )	\$ 1,334
3	Portable operating light 19" <b>Mobile</b>	\$ 667
4	Boyl's apparatus with complete accessories	\$ 889
	<b>ME-15</b>	\$ 334
	<b>Circle Absorber</b>	\$ 334
5	Cardiac Monitor Multi FiveChannel( <b>Technomedix</b> )	\$ 1,667
6	Pulse Oximetre(MD-300)	\$ 500
7	Defibrillator with external pace maker( <b>Shiller</b> )	\$ 15,000
8	Anaesthesia Ventilator	\$ 4,445
9	Anaesthesia Ventilator ICU(Takoka) U.K	\$ 8,333
10	Suction apparatus electric/betray and foot operated	\$ 145
	<b>Electric Foot</b>	\$ 145
	<b>Rechargeable Electric Foot</b>	\$ 278
11	Surgical Cautery (Bipolar electric)	\$ 1667
12	Resuscitation Trolley	\$ 778
13	Instrument and Dressing Trolley	\$ 145
14	Instrument and Dressing Trolley	\$ 145
15	Wheel chair	\$ 100
16	Sterlizer for instrument with Equipment(Surgicon) (510X200X150)	\$ 107
17	High pressure autoclave for sterilization of instrument Lenin etc( Surgicon)	\$ 3,889
18	Stabilizer	\$ 67
19	Fumigator	\$ 146
20	Facility for blood transfusion	\$ 22,223
21	Short Wave medical Diathermy	\$ 778
22	ECG(BPL)	\$ 445
23	Needle Destroyer(Electric)	\$ 27

*Would you like to come and work with us? You are most welcome.*

*Thank you again for all your kind thoughts wishes and gifts.*

*May the work go on smoothly and please COME to Ladakh SOON!*

*Lama Chogyal*

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