



# NEWS LETTER

August 2015 to August 2016

We have the pleasure to reach you through this news letter. The year gone by had been very fruitful in terms of welfare of patients, development of infrastructure, habitat etc. We had been receiving blessings of all well wishers and we hope the same would be continued in the coming year also.



## **Cervical Cancer screening camp education**

As had been done during the previous year, a team of doctors led by Prof Dr Swee Chong from Singapore conducted free women's' health check up, education and cervical cancer screening at the hospital from 31 Jul 16 to 05 Aug 16. Approximately 3000 patients have been examined during the camp. Out of the above 300 patients have been treated through LIP and further advance treatment at AIIMS with kind help of Mr Bill Kite. Bus

services were provided for transportation of patients from far flung area Ladakh by Mr Bill Kite. Hospital has been receiving good feed back from the general population.



## Himalayan Hero Award to Ladakh Heart Foundation

It is our proud privilege to share that the Ladakh Heart Foundation has been bestowed with “Naropa 2016, The Himalayan Hero Award”, by HH Gyalwang Drukpa Rinpoche during a glittering ceremony at Hemis Naropa Photang during Naropa 2016 The Kumbh Mela of Himnnalaya on 22 Sep 2016 which is celebrated after every 12 years intervals. The award has been conferred for rendering outstanding contributions by the hospital towards humanity.



On 17-18 July, 2016 an outdoor free medical camp for cervical screening has been carried out at Gya/Meru Village, some 70 Kms away from Leh on Leh Manali Road by a group of doctors from the US. Approximately 100 patients have been examined during the camp.



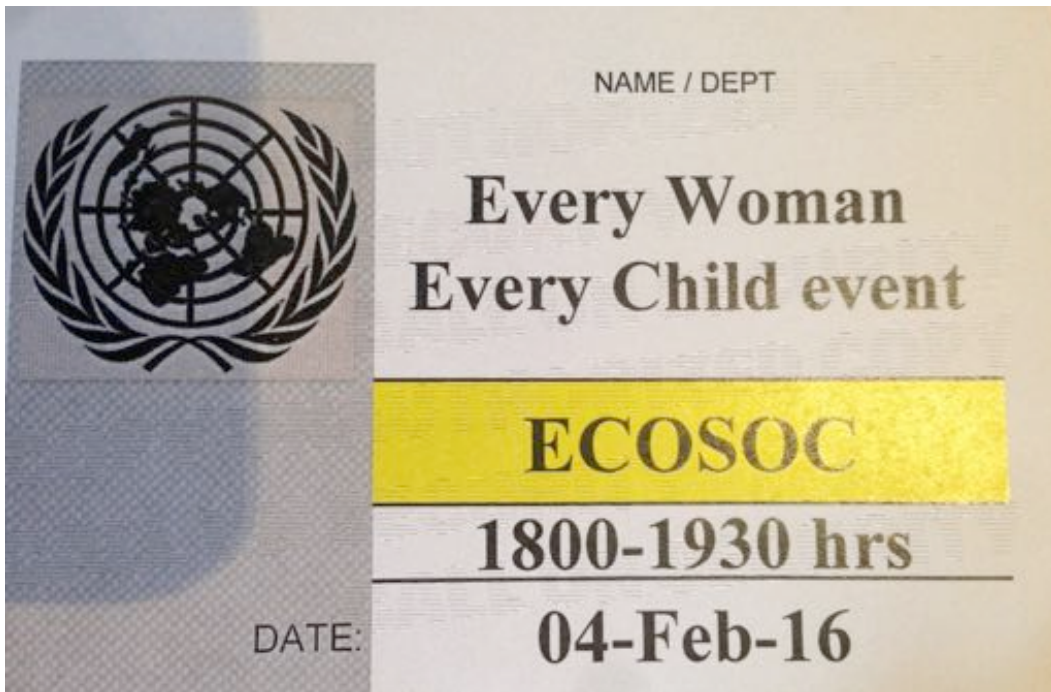
Health education Health awareness camp with special emphasis to cervical cancer has been conducted at almost 150 villages of Leh District. The camp has been conducted with support of Womens' Alliance of Ladakh Buddhist Association. Other topic covered during the campaign are quitting smoking, liquor and other related bad habits.



Meeting The Director, Ladakh Heart Foundation met with Sh Salman Khan, known Bollywood actor at Leh. The director gave a detailed presentation about the role of Ladakh Heart Foundation and the work done by the Hospital. The actor was quite impressed by the welfare activities being carried out by the hospital. Salman Khan has been helping the hospital for getting heart surgery of patients at Fortis Hospital, NewDelhi



President and Founder of Laddakh Heart Foundation Lama Thupstan Chogyal is attending the World Cancer Event at Ecosoc United Nation Headquarters Every woman every child towards a cervical cancer free world , New York. 6.00-7.30 Thursday 4 February 2016, New York. The event will be webcast live on: <http://webtv.un.org/>





### **Endoscopy.**

During the period under coverage 247 patients have availed endoscopy facilities. We are thankful to Dr Tsering Norbu, Physician, and Dr Muhammed Yasin Mujoo, MD (Med), DM (Gastroentorology) who have carried out endoscopy of the patients. Equipment/Endoscopy machine was donated by the HH Daila Lama Trust which is being used for the treatment of patients. Lots of patients have been diagnosed properly because of which they could undergo for advance treatment.

### **Construction of “Door of Hope”**

10. This year we have also constructed a room by the name “Door of Hope”. We have noticed in the past that cases of throwing illegitimate baby at abandoned places. To save life of such baby, we have constructed a room so that any one who want to keep such baby may do so secretly.



**Patients treated during the year**

During the period under coverage, number of patients treated are as under:-

S.No	Month	No. of Male	No. of Female	Total
(a)	September 2015	-	344	344
(b)	October 2015	77	379	456
(c)	November 2015	7	403	410
(d)	December 2015	6	386	392
(e)	January 2016	6	541	547
(f)	February 2016	2	629	631
(g)	March 2016	01	606	607
(h)	April 2016	-	202	202
(j)	May 2016	-	418	418
(k)	June 2016	21	501	522
(l)	July 2016	17	340	357
(m)	August 2016	12	307	319
(n)	September, 2016	26	364	390



**Laboratory** The laboratory of Ladakh Heart Foundation offers many services such as Hepatitis B Screening, Blood Grouping, Urine analysis, Hemoglobin Level, Glucose level and Serum Blirubin etc. During the period under coverage, number of laboratory tests conducted are as under:-

Ser No	Month	No of patients
(a)	September 2015	54
(b)	October 2015	51
(c)	November 2015	52
(d)	December 2015	48
(e)	January 2016	38
(f)	February 2016	71
(f)	March 2016	73
(g)	April 2016	85
(h)	May 2016	72
(j)	June 2016	67
(k)	July 2016	91
(l)	August 2016	52
(m)	September 2016	62

**Audit of Accounts** Accounts of the hospital for the financial year 2015-16 have been got audited from Chartered Accountant. Summary of the audit report is appended below:-

#### **FCRI Accounts**

#### **BALANCE SHEET AS ON 31 MAR 2016**

<b>LIABILITIES</b>	<b>AMOUNT</b>	<b>ASSETS</b>	<b>AMOUNTS</b>
<u>Corpus Fund</u>	1,73,30,711.00	<u>Fixed Assets</u>	1,59,99,475.00

Opening Balance		See Schedule B	
Add-Surplus carried from income and expenditure account	70,649.00	Current assets, loan and advance	
		Cash in hand	433.00
		Cash in bank	9,03,079.00
		Due from local account	4,98,373.00
<b>Total</b>	<b>1,74,01,360</b>		<b>1,74,01,360</b>

### INCOME AND EXPENDITURE ACCOUNT

Expenditure	Amount	Income	Amount
See schedule A	5,42,597.00	Donation	18,14,777.00
Depeciation	12,01,531.00		
Surplus carried to Balance Sheet	70,649.00		
<b>Total</b>	<b>18,14,777.00</b>		<b>18,14,777.00</b>

### RECEIPT AND PAYMENT

Receipts	Amount	Payment	Amount
Opening balance	1,425.00	See Schedule A	5,42,597.00
Cash in bank	5,15,414.00	Non recurring payments	
		See schedule B	8,85,507.00

Grant in aid (foreign contributions)	18,14,777.00		
Closing balance			
		Cash in hand	433.00
		Cash in bank	9,03,079.00
Total	23,31,616.00		23,31,616.00

**LADAKH HEART FOUNDATION LEH (LADAKH)  
FOREIGN ACCOUNT**

Schedule A

Ser No	Particulars	Amount
(a)	Salary	5,28,000.00
(b)	Bank charges	550.00
(c)	Miscellaneous	535.00
(d)	Audit fee	13,515.00
	Total	<b>5,42,597.00</b>

Schedule B

**FIXED ASSET**

S No	Particulars	W.D.V as on 01/04/2015	Addition	Total	Depreciation	Net Block	Rate of depreciation
(a)	Building under construction	1,13,89,110	8,85,507	1,22,74,617	5,91,593	1,16,83,024	5% & 2.5%
(b)	Construction of health centre	9,73,335	-	9,73,335	48,667	9,24,668	-do-

(c)	Dead stock	2,73,252	-	2,73,252	27,325	2,45,927	10%5%
(d)	Medical equipment	22,70,650	-	22,70,650	3,40,598	19,30,052	10% & 5%
(e)	Heating system	2,59,025	-	2,59,025	25,903	2,33,122	-do-
(f)	Generator	3,34,156	-	3,34,156	50,123	2,84,033	15% & 7.5%
(g)	Stablizer	24,641	-	24,641	3,696	20,945	15% & 7.5%
(h)	Vehicle Evalia XE Diesel	6,75,986	-	6,75,986	1,01,398	5,74,588	15% & 7.5%
(j)	Syntax tank 2 Nos	29,260	-	29,260	2,926	26,334	10% & 5%
(k)	Furnishing items	72,209	-	72,209	7,221	64,988	10%5%
(l)	Fridge	13,875	-	13,875	2,081	11,794	15% & 7.5%
Total		1,63,15,499	8,85,507	1,72,01,006	12,01,531	1,59,99,475	

**Vote of Thanks.** We are very thankful to all of our donors for their kind contributions. We do hope that you will continue your good gesture towards the hospital. Thank you once again for your kind thoughts, support, and warm wishes.

Your support gave every family health & hope

Kind regards,  
Ven. Thupstan Chogyal, Founder and Director of LHF